

Chapter Two

Your eMerge Driver's Test

Remember when you took your first driving test? Remember the various laws and rules you had to learn before you could get behind the wheel of a car?

Well, consider this the written part of your driver's test. This is the eMerge Driver's Test™. There is no pass or fail. You go at your own pace and learn what you need to learn when it's the right time.

On this journey, you will pass through five levels:

Permit™

Student™

Beginner™

Intermediate™

Seasoned™

The levels are not earned by age or graded by an authority figure. It is up to you to determine your driving level.

In the last chapter, you learned about the various parts of your vehicle—the people and things you need in your vehicle (your life) to move forward and reach your goals.

On the next page, you'll answer some questions regarding where you are in your life. Don't worry. There are no right or wrong answers. Be honest. No one will judge you.

The goal is to get a baseline of where you are. It will become your starting point.

In the next chapter, you'll learn the Laws of the Road—the various guidelines, philosophies and empowering habits that you'll need to learn to move ahead in life. As you mature and embrace each law with consistency, you'll advance through the levels and reach your full potential.

eMerge Driver's Test™ Instructions:

Some of the following questions may challenge you. You may have to pause and think. Take your time. Be honest. This test will help you determine your starting point. Working with your PIT Crew™, you'll know where you are now and what you'll need to learn to get to where you want to go.

Take a deep breath.

Let's begin.

Answer the following statements with

A = Always, **M** = Most of the Time, **S** = Sometimes, **R** = Rarely, **N** = Never.

- 1 ___ I transform negative or painful experiences to the complete opposite—joyful blessings in my life.
- 2 ___ I laugh and smile each day.
- 3 ___ I know my potential is endless and I have infinite possibilities.
- 4 ___ I am special and important.
- 5 ___ I am aware of who I am and where I want to go in life.
- 6 ___ My thoughts, spoken words, feelings and actions affect my future.
- 7 ___ I embrace change and am able to move forward in my Driver's Seat.
- 8 ___ I believe and trust in my own abilities.
- 9 ___ I am ready to move forward in my life.
- 10 ___ I have the ability to reach my goals.

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- 11___ I have the power to change any negative patterns, habits or behaviors in my life.
- 12___ I attract the things, events, and people that come into my life.
- 13___ I have complete control over the causes and effects of my life.
- 14___ I embrace all my conscious choices.
- 15___ I demonstrate self-discipline, determination and perseverance to be in my Driver's Seat throughout my journey.
- 16___ I use my words to communicate to others my wants, needs and desires.
- 17___ I am stronger, wiser, and more courageous after I leave a negative situation.
- 18___ I allow things around me to happen without judgment, interference, control or emotional attachments.
- 19___ I live each day in the present with joy, happiness, love and gratitude.
- 20___ I am in touch with my HGS and no longer need or depend on other's opinions, judgments, criticism or values.
- 21___ I receive more than enough in life.
- 22___ I step into all possibilities with a leap of faith.
- 23___ I love myself and others without judgment, reservation or expectations.
- 24___ I am able to forgive myself and others of any action or circumstances that is filled with negative feelings of hate, anger, bitterness or resentment.
- 25___ I am dedicated to moving forward in life.
- 26___ I ask for and receive assistance to make my situation better.
- 27___ I work in joy, balance, and love—which creates success.
- 28___ I create ideas with others that move myself, my community and the world forward.
- 29___ I am compassionate to myself and others.
- 30___ I know everything happens at the right time in the right order.
- 31___ I use my talents to help others.
- 32___ I give all of me—my talents, my passions, my time and my resources—without expectations.
- 33___ I am fair, truthful, genuine, pure and straightforward with myself and others.
- 34___ I am truthful, honest, sincere and exact with daily and long-range occurrences in my life and the lives of others.
- 35___ I believe I am connected to everything in the Universe.
- 36___ I demonstrate grace and mercy to those who have made a mistake, including myself.
- 37___ I surrender my words, thoughts, feelings, beliefs and actions to the Universe and have complete faith that life will unfold as it should. I live in balance with acceptance, flexibility and change with the movement of life.
- 38___ I have an in-depth understanding of the impact of my thoughts, feelings, words, beliefs and actions.
- 39___ I cause no harm through my words, thoughts, feelings, beliefs and actions and respect all living things and life.
- 40___ I am a small water droplet in a large pond. I move through life with humility.
- 41___ I connect with others in a healthy, calm, quiet, serene and safe way.
- 42___ I know my life's purpose and I apply my skills to empower (not fix) and honor others on their life's journey.
- 43___ I serve as a role model or example for others to follow.



Breathe. Get up and move around. You have done an amazing job! When you are ready, continue to the next section.